



Fun Family Fitness Session



CALLING ALL FAMILIES!

As part of the family Learning Strategy for Kilwinning Academy and in response to the expressed needs of parents/carers, Kilwinning Academy will be offering you the opportunity to engage in a **fun fitness session** with your child[ren].

The session is designed to;

- ❖ Build affinity with the P.E. department and the curriculum on offer
- ❖ Engage as a family within a leisure activity
- ❖ Support your child[ren] to participate in a fun filled leisure setting
- ❖ Ascertain interest levels in physical activities for future events.

The Family Fun Fitness Session is scheduled to take place in the Academy from **5 pm- 6.30 pm on Wednesday 14th November 2018.**

Water and fruit will be available!

No need to register just come along and join in the fun.

